Welcome

I am delighted to announce that the 30th British Orthodontic Conference will take place in Manchester from 14 to 16 September 2017. This landmark occasion will feature a host of renowned international and UK speakers along with three full days of parallel programmes for the whole team and a record number of hands-on skill clinics.

This 30th BOC features the very apt theme “Back to the Future”. Many of our presenters will be reflecting on historic trends, discussing the very best evidence and clinical practice today, as well as looking ahead to the future.

Among the many sessions and themes within the main clinical programme are the Research session, presenting the latest exciting UK based research, as well as the Stability and Retention session discussing the latest evidence and best practice. The Great Digital Debate discusses the pros and cons of the digital revolution. Other themes covered include management of impacted teeth, orthodontic finishing, lingual orthodontics, Invisalign treatment, TADs, ortho-perio treatment and orthognathic surgery among many others. The NHS Commissioning session will cover all the latest news surrounding commissioning and provision of NHS orthodontic care in primary and secondary care and is a “must see” session.

Once again, alongside the main programme, we will be running the BOC Practice Development Day. This popular day covers a range of business, leadership and development skills for the entire orthodontic team. The Orthodontic National Group will also be running a full two-day programme for nurses and therapists.

This year we have a record six different hands-on skill clinics. These sessions always sell out quickly so book early to avoid disappointment.

Our pre-conference course this year will be an IR(ME)R course in dental radiology and radiation protection delivered by Dr Eric Whaites.

No BOC would be complete without an ambitious social programme. Brighton witnessed some fantastic events and we have raised the bar even higher in Manchester. The magnificent gothic inspired Manchester Town Hall will play host to the “Rock Me Amadeus” themed Gala reception and the conference social highlight will be the “Black and White Masquerade Ball” at the Midland Hotel.

Please note that this year the “early bird” period ends at the end of June, much earlier than in previous years, so book your place as soon as you can. On behalf of the conference team, I look forward to welcoming you and your team to Manchester for a fantastic 30th British Orthodontic Conference.

Richard Jones
BOC Conference Chairman 2017
Director of Professional Development
Conference Information

Venue
Manchester Central Convention Complex
Windmill Street Manchester M2 3GX
Located in the heart of Manchester city centre, the instantly recognisable vaulted arches and station clock have made Manchester Central an iconic feature of the city’s skyline for almost 130 years. Following the completion of a £30m redevelopment, Manchester Central combines historic architecture with state-of-the-art facilities, making a truly unique venue.
Step outside the venue, and you’re in the heart of vibrant Manchester City Centre with its world-class restaurants, bars, shopping and entertainment, as well as over 2,500 hotel rooms.

Accommodation
The conference hotel is the Midland Hotel, Peter Street, Manchester, M60 2DS, located opposite the conference centre. The Midland has 312 bedrooms and hotel guests have complimentary access to the gym, poolside and thermal area during their stay. Bookings for this hotel can only be made via the BOS office; other accommodation can be booked through Visit Manchester. Please see the relevant forms in the registration pack.

Travel

By Air
Manchester Airport is a major international hub just nine miles (14.5km) from the city centre. It serves more than 200 destinations worldwide including direct routes to nine US cities. From the airport, the city is approximately 25 minutes away by taxi or just 20 minutes via the half-hourly express rail service (tickets £5.00 - £7.20).
Information on Manchester Airport can be found at www.manchesterairport.co.uk

By rail
It takes a little over two hours to reach Manchester from London and Manchester also has direct connections to most major UK cities. Services arrive at Piccadilly or Victoria stations where passengers can connect with Metrolink trams for easy access to the city centre. Manchester Central is a 20 minute walk from Piccadilly Station or just five minutes by taxi. Alternatively, catch a connecting train to Oxford Road Station - just five minutes from Manchester Central on foot. Information on train services can be found at: www.virgintrains.co.uk and www.nationalrail.co.uk

By road
Manchester is at the heart of a comprehensive motorway network. Manchester’s M60 orbital motorway provides easy access from north, south, east and west.
For more information on how to find Manchester Central Convention Complex, please visit: http://www.manchestercentral.co.uk/getting-here
Parking is available at Manchester Central’s on-site NCP car park which is open 24 hours. There is a discounted rate of £12.00 for 24 hours which is for pre-booked vehicles and allows a vehicle to enter and exit the car park once. The pre-booked rate only applies if you leave your car for the whole day. If you want to take your car out each day, to get the discounted rate, you will need to pre-book each day separately on the website. The maximum height of vehicles for the Manchester Central NCP is 1.98m. The NCP Manchester Central discount code is EXHIBMC
If you would like to take advantage of this discount and book, please visit their website: https://www.ncp.co.uk/find-a-car-park/car-parks/manchester-central-under-jv/
If using a satellite navigation system - please follow the postcode M2 3GX.
Pre-Conference Course

Justification, Optimisation and Limitation - an IR(ME)R course in dental radiography and radiation protection

Presented by Dr Eric Whaites

5 hours CPD – fulfils GDC requirement for core CPD five year cycle and IR(ME)R Core of Knowledge

Suitable for the whole dental team

Course aims:

- Understand the principles of radiation physics
- Know the risks of ionising radiation and the principles of radiation protection in dental radiology
- Know the radiation doses in dental radiology and the factors affecting radiation dose
- Understand the principles of a Quality Assurance programme
- Understand the use of selection criteria in relation to dental radiography with particular reference to orthodontics
- Know the changes to the legislation concerning dental radiology and be aware of their statutory responsibilities
- Understand the various imaging modalities available, including 2D and 3D (CBCT) digital imaging, and the various factors that affect diagnostic yield
- Have revised radiological interpretation of normal anatomy and a range of pathological conditions potentially presenting in orthodontics

Dr Eric Whaites is currently a Senior lecturer/Honorary Consultant at King’s College London Dental Institute, based at Guy’s Hospital, London.

Eric qualified from Guy’s Hospital Dental School, London in 1978 and joined the staff of the Dental School in 1981. Current appointments include: Head of the Department of Dental and Maxillofacial Radiological Imaging (since 1988); Clinical Director of Guy’s & St Thomas’ Dental Hospital (since 2010), member of the Dental Defence Union’s Dental Advisory Committee and member of the Dental and Maxillofacial Radiology Examining Board of the Royal College of Radiologists. He is a former President of the British Society of Dental and MaxilloFacial Radiology (BSDMFR) and former President of the European Academy of Dental and MaxilloFacial Radiology (EADMFR). Eric is a national and international lecturer and co-author of two textbooks - ‘Essentials of Dental Radiography and Radiology’ 5Ed and ‘Radiography and Radiology for Dental Care Professionals’ 3Ed - both published by Elsevier in 2013 and co-author of the British Orthodontic Society's ‘Orthodontic radiographs – Guidelines’ 4th Ed 2015.

Registration fee includes refreshments and lunch – please see booking form at the back of this booklet
Main Scientific Programme

Thursday 14 September

UTG Research Session

09.00  
**Richard Jones, BOC Chairman**  
Welcome to the 30th BOC – “Back...To the Future”

09.05
UTG Session - 10 short presentations

10.50 – 11.20  
Coffee and Exhibition

Research Session 1

11.20  
**Professor Tony Ireland**  
Chapman Prize 2017  
A comparative assessment of chewing gum and ibuprofen in the management of orthodontic pain with fixed appliances: A multi-centre RCT

11.50  
**The Great Research Debate**  
Debate about research methodologies and value of dental/orthodontic research  
**Professor David Bearn**  
**Professor Sabine Ruf**

13.00 - 14.00  
Lunch, Exhibition and posters – poster presenters to stand by posters

14.00  
**Nigel Harradine**  
40 years in orthodontics: What has changed?

14.45  
**Chris Chang**  
Simplified mechanics for impacted teeth

15.30 – 16.00  
Coffee and Exhibition

Session: Stability and Retention - Past, present and future

16.00  
**Professor Sabine Ruf**

16.40  
**Simon Littlewood**

17.20  
Q and A: Panel Discussion

NHS Commissioning Session - Thursday morning

Topics and speakers will be published nearer the time so that the session is topical

Skill Clinics

**Thursday**

11.00  
Ormco – Clinical tips of extra radicular TADs with **Chris Chang**

14.00  
Forestandent – 2D Lingual Orthodontics with **Trevor Hodge**

**Friday**

09.00  
Align Technology – Placement of Invisalign attachments (suitable for orthodontic therapists)

14.00  
Skill clinic topic to be confirmed

**Saturday**

09.00  
Align Technology - Intra-oral scanning with Itero (suitable for DCPs)

09.00  
Ormco – Customised appliance design with Insignia

BoC Manchester 2017  
www.facebook.com/britishorthodonticsociety  
www.twitter.com/bosbraces  
www.bos.org.uk
Main Scientific Programme

**Friday 15 September**

09.00  
**Stefano Troiani**  
The 4 challenges of orthodontic finishing

09.30  
**Sarah Good**  
Ortho-perio treatment: Are we doing our best?

10.00  
**Sam Daher**  
Deep bite correction with aligners

10.45 - 11.15  
Coffee and Exhibition

11.15  
**Professor Dirk Wiechmann**  
Northcroft Memorial Lecture

12.00  
Prizes 1: BOS prizes

Team, Leadership and Communication (TLC) Session 1

12.15  
**Professor Willem Kuyken**  
Mindfulness unpacked: An introduction to mindfulness and mindfulness-based cognitive therapy

13.00 – 14.00  
Lunch and Exhibition

The Great Digital Debate

14.00  
**Asif Chatoo**  
Orthodontics in the digital age

14.30  
**Lars Christensen**  
Digital workflows in orthodontics

15.00  
**Björn Ludwig**  
3D applications in daily practice - high-tech versus low-tech

15.30 – 16.00  
Coffee and Exhibition

16.00  
**Peter Huntley**  
The third molar - Cinderella or Ugly Sister?

16.30  
**John Scholey**  
Exploring the boundary between orthodontic and surgical treatment

17.00  
**Karin Becktor**  
Tooth eruption: One step forward in order to be seen

**Saturday 16 September**

09.00  
UTG prize winner 2017

Session: Lingual orthodontic treatment

09.15  
**Trevor Hodge**  
2D lingual appliances - first choice or last resort

10.45  
**Professor Toru Inami**  
New era of the lingual bracket appliance

10.30 – 11.00  
Coffee and Exhibition

Research Session 2

11.00  
**Academic Rising Stars**

**Julie Williams** – Bristol  
Reflection – the process or the outcome? How measurement matters

**Sarah Bell** – Sheffield  
Exploring young people’s perspectives of fixed orthodontic treatment

**Jennifer Galloway** – Cardiff  
Identifying differences in facial shapes in four population groups

12.00  
Prizes 2 (BOC Prizes) and investiture of new BOS Honorary Patron

12.20  
**Richard Jones**  
BOC 2018

12.30 – 13.30  
Lunch and Exhibition

13.30  
**Björn Ludwig**  
TADs: From Enthusiasm, to frustration or back to the future!

14.00  
Clinical Pearls Session – 6 presentations

14.45 – 15.15  
Coffee and Exhibition

15.15  
**Joy Marsden**  
Step up, Step out Stand out: Essential ways to lead yourself and others through challenge and change

16.45  
Close
Thursday 14 September

09.15  Richard Jones, BOC Chairman
Welcome and introduction

09.20  Chris Barrow
Marketing for the orthodontic practice - what works, what doesn't and how to get the best ROI from your marketing investment

Q and A

10.30 – 11.00  Coffee and Exhibition

11.00  Richard Collard
Ringing the changes: Is your practice telephone a business opportunity or a business drain?

11.40  Speaker to be confirmed

Q and A

12.30 – 13.45  Lunch, Exhibition and posters – poster presenters to stand by posters

13.45  Nigel Reece
Dental Design Limited
Optimising websites and social media

14.30  Richard Jones
Smooth Operator: The operational keys to success for an orthodontic business

Q and A

15.15 – 15.45  Coffee and Exhibition

15.45  Ashley Latter
Discover the seven little known secrets on how the best practices get better

17.00  Close

Friday 15 September

08.45  Richard Jones, BOC Chairman
Welcome and introduction

09.00  James Spencer
Trauma, tears and transplants

09.45  Nicky Mandall
Early Class III protraction treatment – clinical technique

10.30 – 10.50  Coffee and Exhibition

10.50  Dave Edwards
Core CPD – Dental medical emergencies! Are you prepared?

12.15  Join Main Programme

13.00 – 14.00  Lunch and Exhibition

14.00  David Bearn
Orthodontics: when will we ever learn?

14.45  Sara Atia
What can you do about compliance?

15.30  Coffee and Exhibition

16.00  Invisible appliances: A team based approach
Victoria Elton, Orthodontist
Esther Barry, Orthodontic Therapist
Ellie Wallace, Dental Nurse

17.00  Close
Saturday 16 September

09.25
Richard Jones, BOC Chairman
Welcome and introduction

09.30
Jessica Howell
The orthognathic patient journey

10.15
Steve Chadwick
Title to be confirmed

11.00 – 11.30
Coffee and Exhibition

11.30
Nikki Atack
Use of removable appliances

12.15
Jadbinder Seehra
How can we encourage what makes some dental care professionals brilliant?

13.00 – 14.00
Lunch and Exhibition

14.00
Poster prize results

14.10
Pam Gill and Lisa Drzymala
Orthodontic therapy…..Living the dream

14.50
Coffee and Exhibition

15.15
Join Main Programme

16.45
Close
Social Programme

Thursday 14 September
Gala Reception
Manchester Town Hall
7pm till late (Dress – Smart Casual)

Free to delegates. Additional tickets £60 each

“Rock Me Amadeus”
Prepare to be dazzled and transported back in time at this year’s annual Gala event. This will be a spectacular night held at Manchester’s stunning Town Hall. There will be free flowing drinks and canapés served all evening and fantastic entertainment to ensure everyone has an amazing night. This is an evening not to be missed..................

Kindly sponsored by Ormco

Friday 15 September
Black and White Masquerade Ball
Midland Hotel
Drinks Reception 7.30pm

Dinner 8pm followed by dancing until late
Cost £80 per ticket

This night will be a fabulous night of disguise and intrigue! Join us at the sumptuous Midland Hotel (with your Masquerade masks) for a fabulous evening of fine food and entertainment. There will be dancing into the early hours to the amazing Candy Apple Blue band and plenty of surprises! For those that enjoyed last year’s “Fire and Ice” event this is going to be even better so tell your friends and get a table booked. Please book early as tickets are limited.

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www.bos.org.uk